### Annual Report: Dental Health Screenings for Senior Citizens

State Submission Annual Reporting Period: **October 2018 - September 2019**

- Notifications Sent Beginning: **Various**
- Number of Patients Served: **85**

<table>
<thead>
<tr>
<th>Date of Service</th>
<th>Site Name Details</th>
<th>Site Address</th>
<th>Total Patients Screened</th>
<th>Dental Screenings</th>
<th>Dental Referrals</th>
<th>High Blood Pressure Screenings</th>
<th>High Blood Pressure Referrals</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 10, 2018</td>
<td>3333 Broadway Tenants Association</td>
<td>3333 Broadway NY, NY 10031</td>
<td>9</td>
<td>9</td>
<td>3</td>
<td>6</td>
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</tr>
<tr>
<td>November 29, 2018</td>
<td>Jackie Robinson Senior Center (Grant Houses)</td>
<td>1301 Amsterdam Avenue NY, NY 10027</td>
<td>23</td>
<td>23</td>
<td>11</td>
<td>20</td>
<td>5</td>
</tr>
<tr>
<td>January 22, 2019</td>
<td>2995 Independence Avenue</td>
<td>2995 Independence Avenue NY, NY 10463</td>
<td>17</td>
<td>17</td>
<td>6</td>
<td>14</td>
<td>9</td>
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<tr>
<td>February 26, 2019</td>
<td>Allen Hospital Health OutReach</td>
<td>5141 Broadway NY, NY 10034</td>
<td>7</td>
<td>7</td>
<td>1</td>
<td>7</td>
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</tr>
<tr>
<td>May 14, 2019</td>
<td>Jackie Robinson Senior Center (Grant Houses)</td>
<td>1301 Amsterdam Avenue NY, NY 10027</td>
<td>9</td>
<td>9</td>
<td>5</td>
<td>9</td>
<td>2</td>
</tr>
<tr>
<td>September 18, 2019</td>
<td>Fort George Vista NORC</td>
<td>45 Fairview Avenue NY, NY 10040</td>
<td>20</td>
<td>20</td>
<td>5</td>
<td>20</td>
<td>6</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td></td>
<td><strong>85</strong></td>
<td><strong>85</strong></td>
<td><strong>31</strong></td>
<td><strong>76</strong></td>
<td><strong>27</strong></td>
</tr>
</tbody>
</table>

In accordance with our commitment, Columbia University offers dental health screenings to seniors living in various senior centers in the local community, including Grant Houses and Manhattanville Houses. A visit to Manhattanville Houses did not occur during this reporting period but is scheduled to occur before the end of 2019. As of 2010, high blood pressure screenings are also offered as part of the services provided.

Site visits are coordinated in conjunction with the Senior Center and the Dental Services professionals. At each event, a PowerPoint presentation on “Oral Health in Later Life”. The subject matters covered include oral hygiene instructions, the proper care of dentures, causes and implications of having a dry mouth, causes and implications of having high blood pressure, and symptoms and implications of diabetes. A translator is present to translate the presentation in Spanish.

The HIPAA Privacy Rule establishes national standards to protect individuals’ medical records and other personal health information and applies to health plans, health care clearinghouses, and those health care providers that conduct certain health care transactions electronically. The Rule requires appropriate safeguards to protect the privacy of personal health information, and sets limits and conditions on the uses and disclosures that may be made of such information without patient authorization. The Rule also gives patients rights over their health information, including rights to examine and obtain a copy of their health records, and to request corrections. Columbia University follows the HIPAA Privacy Rule.

### Additional Supporting Documentation

- Copies of public notifications and/or announcements of services

State Submission Date: October 15, 2019
Community Services

Outreach to Disconnected Youth

Columbia University has initiated outreach to identify and engage disconnected youth ages 16–24 in the local community who have not completed high school or obtained a high school equivalency diploma in order to enroll them at no cost in New York City Department of Education (NYCDOE) high school programs or TASC programs. Upon completion of a high school diploma or its equivalent, participants will be referred for skills training, internships, and work-based learning opportunities through community-based organizations. Columbia will make a good faith effort to place participants in positions with Columbia University. For more information about how to access the program, please contact 212-854-5916.

Columbia Employment Information Center

The Columbia Employment Information Center (CEIC) serves as the central community-based resource for local residents to apply for open positions at Columbia University. The Center provides a wide range of services to the local community including in-person and online job readiness training programs, one-on-one job-search counseling and assistance, and access to online job opportunities at Columbia.

You are welcome to call our 24-hour hotline at 212-851-1551; it provides general information about the Center, information on Columbia University job opportunities, information on construction activities and information on construction-related job opportunities.

Course Auditing

Columbia University funds up to 50 courses per year through Columbia’s Professional Studies Auditing Program for residents (25 residents from NYCHA Manhattanville Houses and Grant Houses and 25 residents from the local community). The Auditing Program provides adults not currently enrolled in college with the opportunity to attend up to two selected lectures drawn from Columbia University’s offerings in the Arts and Sciences during the academic year.

For more information about the program, please call 212-854-9666.

Dental Health Screenings for Senior Citizens

Columbia University offers free dental health screenings for senior citizens throughout Northern Manhattan via the EiderSmile Program. As part of Columbia University’s College of Dental Medicine Community DentCare Network, the EiderSmile Program offers free dental screenings and referrals for further dental treatment at senior centers throughout Washington Heights/Inwood and Harlem, including New York City Housing Authority (NYCHA) residents in Manhattanville Houses and General Grant Houses.

For more information about the program, please call 212-854-9666.

Scholarships for Lifelong Learners

Columbia University offers scholarships for 50 residents of Manhattan Houses, Grant Houses, and the local community who are 65 years of age and older to audit up to two courses per year. Administered through Columbia’s School of Professional Studies, the Lifelong Learners Program is designed for individuals committed to the principles of lifelong education.

For more information about the program, please call 212-854-9666.

Summer Sports Little Lions Camp Scholarships for Children

Columbia University offers 25 need-based scholarships for children ages 6–12 from the Manhattanville area to attend Columbia’s Little Lions Camp. One scholarship is equal to one week of camp. All scholarship applications must come to Columbia University through the West Harlem Development Corporation (WHDC). For more information, please contact the WHDC at 646-476-3394.

Space Provisions for Non-Columbia-Affiliated Local Artists and Cultural Organizations

Columbia University, consistent with current practice, makes good faith efforts to accommodate requests by local artists and cultural organizations not affiliated with Columbia for access to its indoor or outdoor spaces for programming that may include, but is not limited to, information sessions, performances, special events or presentations. Payment for such space will be in accordance with then current University protocols. Columbia University space is generally awarded on a first-come, first-served basis, with priority given to Columbia and student activities, followed by local community activities.

Columbia Community Scholars Program

Columbia University offers independent, community-based scholars from Northern Manhattan access to a range of University services and resources not usually afforded to non-affiliated residents. Services and resources shall be provided at no cost to participants and shall include access to all of University libraries — including online access, course auditing privileges, dialogue with scholars in their field of study, and the ability to participate in seminars and social events developed specifically for the group.

For more information, please direct inquiries about the Community Scholars Program to 212-854-5710 or communityaffairs@columbia.edu.

Athletics Clinics

Columbia University’s varsity sports programs and coaches of football, volleyball, basketball, soccer, swimming, track and field, and tennis sponsor and participate in seasonal sports clinics for local community children in University facilities and throughout Harlem and Washington Heights.

Housing Legal Assistance

For the period from January 1, 2015, through December 31, 2030, Columbia University provides funding for two attorneys at a legal assistance provider acceptable to NYCHPD serving the Manhattanville area, to provide anti-eviction/tenant-harassment legal assistance for residents of the Manhattanville area. Funding will not exceed $4 million through December 31, 2030.

Contact Legal Services NYC directly and ask a representative if you are eligible for the benefit described above. Phone: (212) 348-7449; Fax: (212) 348-4093. Legal Services NYC can also be found online: www.legalservicesnyc.org.

Shuttle Bus Service for the Elderly and Disabled

Columbia University provides a shuttle bus service free of charge to members of the local community who are disabled or who are senior citizens (including their attendants) via the ADA-accessible Inter-campus Shuttle. The shuttle bus service complies with ADA specifications to connect the Project Site to subway stations at:

- 96th Street and Broadway
- 116th Street and Broadway (Morningside campus)
- 125th Street and Broadway
- Harlem Hospital Center (135th Street and Lenox Avenue)
- Columbia University Medical Center (168th Street and Broadway)

The shuttle bus service runs on a regular schedule throughout the day on every weekday, except on state and federal public holidays.

As part of the University’s ongoing commitment to the local community, Columbia has dedicated a portion of the Manhattanville website to communicate some of the University’s commitments for project-related programs and services that are currently available. For a comprehensive listing of programs and services, and participant eligibility, please visit manhattanville.columbia.edu/community.

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About ElderSmile™

There is a crisis in oral healthcare emerging in this country: a large segment of the elderly population has no access to the dental care they need. Unfortunately, although oral health is even more important for the elderly because they are especially susceptible to dental disease, they often face financial, physical and emotional barriers that have made them one of the most underserved populations in regard to dental care.

In response to this critical situation, the Columbia University College of Dental Medicine has launched the ElderSmile™ program. ElderSmile is being developed to address the need for a comprehensive approach to the oral health care needs of older adults and it is intended to serve as a prototype for other dental schools and healthcare centers. The ElderSmile program seeks not only to provide a full range of dental services to senior citizens in the communities surrounding the Columbia University Medical Center, but also to develop specialized educational programs focused on geriatric oral healthcare and to pursue research and policy initiatives that enlighten and address the situation.

VISION:

Every senior citizen should have access to the dental care they need and want, provided by dental professionals who have received appropriate training and possess the requisite skills.

MISSION:

The ElderSmile program will mobilize the resources of the Columbia University College of Dental Medicine with other healthcare providers and community organizations to provide dental services to the senior population in Northern Manhattan and its environs. The program will develop a replicable educational and service structure to assure that more dental professionals have the expertise and opportunity to provide the necessary care to this population. We will also further geriatric dentistry by providing insight into geriatric oral health, including the relationship between oral and systemic health, and by advancing meaningful policy initiatives on the local, regional and national levels.
While America’s elderly are retaining their own teeth in record numbers, a large number of those over the age of 65 receive no dental care. This exposes them to serious dental, medical and psychosocial problems. Seniors are not only at an increased risk for gum disease and dental decay, they are also faced with consequences such as chronic pain, loss of ability to chew food, poor nutrition, and the social stigma of missing and unsightly teeth. When oral infections arise and go untreated, seniors face a heightened risk of cardiovascular, cerebrovascular, diabetes mellitus and respiratory disease. The incidence of oral cancer in the senior population is greater than for any other age group and the lack of proper screening and early diagnosis has deadly consequences.

A number of factors contribute to why the elderly are so underserved in dental care. The barriers that exist include physical disabilities, lack of transportation, ignorance as to the role of oral health in general health, and even fear. The fact that Medicare and (in the vast majority of states) Medicaid programs do not cover dental services leaves many seniors having to fund their own care—an expense many of them cannot afford. These factors make a compelling argument for coming to the aid of those who, through no fault of their own, have no access to dental care.

Unfortunately, while the dental profession has made the lack of access to care one of its highest priorities, few of the planned solutions address the senior population. It is time for the fast-growing elderly population to be recognized as a prime focus in the dental profession’s mission to assure every person’s right to oral health services. It is with this in mind that the Columbia University College of Dental Medicine has committed itself to the development and success of the ElderSmile program.
Since its establishment, the dental school of Columbia has been a leader in advancing the science and practice of dentistry through groundbreaking research, progressive education and steady advocacy for improving access to care. Columbia has led the way in research since the early 1930s, with studies into the cause and prevention of dental decay and later with a PhD Basic Science Fellowship Program for dentists. In 1983, Columbia introduced geriatric education in the pre-doctoral curriculum.

Columbia has championed many initiatives that have elevated oral health issues to national prominence. The institution contributed to the U.S. Surgeon General’s Report on Oral Health, the first ever report on dental issues, and serves today as the national program office for the Robert Wood Johnson Foundation’s “Pipeline, Profession and Practice” program, which supports dental schools in establishing community-based clinical education programs and the recruitment of minority and low-income students.

The Columbia University College of Dental Medicine runs the DentCare program, which provides dental services to another underserved population: at-risk children in the Washington Heights and Central Harlem communities of New York City. ElderSmile’s care component is modeled on the DentCare service program, which has already served tens of thousands of children via a combination of outpatient facilities and community outreach programs. DentCare’s outstanding working relationships with community healthcare providers, civic organizations and influential policymakers are the solid foundation upon which Columbia is forging new strategic partnerships on behalf of the elderly population. Due to a lack of similar initiatives, the ElderSmile program also plans to build strong education, research and policy initiatives.
Care

A natural extension of the school’s longstanding tradition of providing dental care to the underserved, the ElderSmile program will deliver a broad range of dental services to the elderly population throughout Northern Manhattan and the surrounding neighborhoods. ElderSmile services include preventative oral health education, dental screening, routine checkups and restorative dental procedures. The program emphasizes early intervention as a critical factor in reducing the incidence of dental and medical diseases and improving the overall quality of life among seniors.

Of paramount importance is the ability to offer exceptional care that respects and addresses the special physical, emotional, medical and oral health needs of those over age 65. The program’s treatment protocols are designed to be sensitive to diverse cultural backgrounds, values and belief systems. ElderSmile’s expanding network of compassionate dental service providers incorporates:

- Outreach programs serving senior centers and nursing care facilities
- Prevention sites providing oral health education and screening, linked to community-based practices offering a full suite of dental services
- An interdisciplinary approach at strategically located treatment sites providing comprehensive healthcare to older patients

Education

With a shortage of dentists specifically trained to care for the oral health of the growing number of older adults in this country, one of the school’s fundamental goals is to equip dental practitioners with the knowledge and skills they need to give the older patient the best care possible. ElderSmile educational programs provide a rich learning experience that incorporates coursework and seminars on gerontology and geriatric dentistry, as well as direct interaction with patients at ElderSmile screening and treatment locations. As part of their educational experience, dental residents and students are also encouraged to participate in research projects related to geriatric oral health science and issues.

- Every student at the dental school takes courses covering geriatric dentistry; the goal is to offer expanded coursework and a formal postdoctoral training program in geriatric dentistry
- Students can pursue geriatric dentistry as an area of concentration
- Students and residents gain valuable experience treating older patients by working at ElderSmile outreach programs and facilities that take an interdisciplinary approach to health and dental care
- Columbia offers a popular continuing education program for practicing dentists and dental hygienists
Research

The history of the College of Dental Medicine is rich with significant contributions to the evolution of modern dental research: both the American Association for Dental Research and the *Journal of Dental Research* were founded here. Through ElderSmile, Columbia renews its commitment to pursuing research that sheds light on the oral healthcare needs of the elderly and contributes to the development of technologies and treatments for preventing oral disease and improving the oral health of seniors. Columbia is pursuing a number of ongoing geriatric dentistry research projects including the exploration of the relationship between systemic and oral health as they relate to diseases commonly suffered by seniors including diabetes, cardiovascular and cerebrovascular diseases.

Of primary concern are the nation’s oral health infrastructure; financing streams for dental care; delivery of service to institutionalized and homebound adults; protecting New York’s Medicaid dental coverage; and achieving national coverage through Medicare.

Policy

America’s elderly population continues to grow yet its dental needs have received little attention and almost no public health or public policy interventions. That’s what makes the ElderSmile geriatric oral health policy initiative so important. The program’s goal is to bring together all stakeholders in order to integrate oral health into general health policies and programming so that seniors are provided with systems of comprehensive care. Through this initiative, ElderSmile aims to provide policy support for dental and medical organizations and communities that will directly impact the geriatric population’s current lack of access to dental care. To this end ElderSmile is pursuing several central strategies:

- Provide support for the development of national, state and local geriatric programs and policies that advance the oral health of seniors
- Develop policies to improve the accessibility and availability of oral health services for vulnerable and at-risk geriatric populations
- Stimulate and support leadership development in oral health policy
- Raise public and professional awareness of the role of oral health in overall health

The ElderSmile program will also promote the definition and development, and assist with the funding and monitoring, of new research projects related to geriatric oral health and dentistry.

- Oral Disease Prevention In Seniors: Community Approach. Funded by the Centers for Disease Control and Prevention
- Improving Oral Care Delivery for Homebound Elderly. Funded by the Centers for Disease Control and Prevention
- Oral Cancer Knowledge, Opinions and Behaviors of [Elderly] South Asian Adults in NY, NJ and CT. Funded by the National Institutes of Health (National Cancer Institute)
The ElderSmile™ Dental Network

To meet the needs of the local community, a federally designated manpower shortage area, ElderSmile is developing an expanding network of treatment and prevention sites, and outreach programs. Because not all seniors can or will travel to receive outpatient care, a flexible approach to providing dental services is essential to making oral healthcare available to all seniors. In addition to our outpatient facilities within the Columbia University complex, the program also offers service at nursing homes and subsidized senior residences.

To improve coverage of Northern Manhattan and provide access to as many older patients as possible, future sites are under consideration and will be pursued as funding becomes available.

Statistics show there’s much more work to be done.

- In Northern Manhattan, 45% of seniors have no teeth, compared with 25% nationally; and only 23% of seniors visited the dentist yearly (the national estimate is 50%).

- Although Medicaid in New York DOES offer dental coverage: only 1/5 of enrolled adults access Medicaid’s dental services and only 10% of private dentists provide over $10,000 in Medicaid dental services.

- The Thelma C. Davidson Adair Medical/Dental Center located in a senior residence in Harlem places a special emphasis on meeting the healthcare needs of the elderly with a full range of medical and dental services at one site.

- The Columbia ElderSmile initiative has developed a partnership with the Isabella Geriatric Care Nursing Center in the Washington Heights/Inwood area, where residents of the center and the neighborhood receive dental services.

- The ElderSmile dental clinic within the geriatric facility at the Columbia University Medical Center practices an integrated approach to the overall health of adults over age 65.

- Residents and third and fourth year dental students supervised by Columbia faculty treat the most complicated geriatric cases at the school’s Vanderbilt dental clinic.

- A Mobile Dental Center van visits senior centers during the summer months and provides on-premises dental education and screening. This outreach program leverages the school’s DentCare resources by operating when the van is not needed for offering similar services to children in the HeadStart program.
Educating Tomorrow’s Dentists

With too few skilled dental professionals to treat the growing number of senior citizens requiring special attention and care, the Columbia University College of Dental Medicine has made it a high priority to educate future service providers. This multifaceted program integrates the biological, dental, psychological and social concerns and processes of aging. Every Columbia dental student takes courses and gains practical experience by working at ElderSmile sites and outreach programs. This experience is invaluable. The one-on-one interaction prepares students for the future challenges they will face in treating geriatric patients who may be physically fragile or have difficulty expressing themselves. In addition, the college plans to develop a two-year formal program in geriatric dentistry, which will include training in dentistry, medicine and public health.

Although they study in New York, the school’s graduating students will disperse to practice and teach throughout the country. In essence, Columbia is educating the future thought leaders and practitioners in geriatric dentistry.

Five years after the former U.S. Surgeon General called oral disease a “silent epidemic” and noted low-income elderly were at particularly high risk, little has been done to address the situation. Nearly one of every four Americans between 65 and 74 suffers the deleterious effects of severe periodontal disease—diminishing their quality of life; causing them pain; inhibiting speaking, smiling and eating; impacting self esteem; and often restricting social interaction.
ElderSmile has developed a strategy for improving access to and delivery of oral healthcare for seniors and will continue to work to eliminate practical, logistic and financial barriers to the delivery of care. We will share information about our network outreach model with other dental schools in New York and across the country. We will strive to increase awareness among healthcare professionals and patients as to the importance of oral health in overall health. We will continue to train students and other dental professionals to deliver geriatric dental services.

But we cannot do it alone.

We need your support.

Our goal is to open additional treatment sites and to add a much-needed transportation component. The program needs more staff to administer and champion our cause, and the college needs additional faculty to teach and mentor the next generation of dentists.

We trust you will agree that the elderly need and deserve full access to comprehensive dental care. We believe that, together, we can forever alter the landscape and transform the ElderSmile vision into a reality.

To show your support, or for more information, please contact: Columbia University College of Dental Medicine, Development Office 630 West 168th Street, P&S 3-460, New York, NY 10032 212.342.5612

The following organizations have already joined with Columbia in support of the ElderSmile program through funding or active partnerships:

• The Fan Fox and Leslie R. Samuels Foundation
• The Stella and Charles Guttman Foundation
• Henry Schein, Inc.
• The Centers for Disease Control and Prevention
• National Institutes of Health’s National Cancer Institute
• New York State Dental Foundation
• Consumers Union
• Washington Heights & Inwood Council on Aging, Inc.
• New York-Presbyterian Hospital
• Columbia Center for Active Life of Minority Elders
ELDER SMILE PROGRAM
WILL COME TO

SR. CENTER
ADDRESS
COME AND RECEIVE A FREE!!!!!!!!

WORKSHOP ON ORAL HEALTH, DIABETES & HIGH BLOOD PRESSURE
DENTAL, BLOOD PRESSURE & BLOOD SUGAR SCREENINGS, TREATMENT REFERRAL, and
GOODIE BAG

WHEN:
TIME:

Participants must be enrolled at the senior center.
For more information about the ELDERSMILE PROGRAM please call 212-305-1045
Community DentCare Network

ELDER SMILE PROGRAM
ESTARA EN

CENTRO DE >>>>>>

New York, NY
VENGA Y RECIBA GRATUITAMENTE!!!!!!!
Educación sobre la salud Bucal, Diabetis e Hipertensión (Presión Alta)

EXAM DENTAL, PRESION ARTERIAL Y AZUCAR
Referidos y Bolsas de regalos

CUANDO:
HORA:
Para participar tienen que ser parte del centro de personas mayores
Para obtener más información sobre el Programa de ElderSmile,
favor de llamar al 212-305-1045.